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| Anterior vaginal wall repair | [anterior-vaginal-wall-repair-RV2-2-1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/anterior-vaginal-wall-repair-RV2-2-1.pdf) | Qr code  Description automatically generated |
| Bladder Diary | [Bladder\_Diary-5.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Bladder_Diary-5.pdf) |  |
| Bladder Training  | [Bladder\_Training\_RV1-3.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Bladder_Training_RV1-3.pdf) |  |
| Botulinum Toxin A (BOTA) for Overactive Bladder and Neurogenic Detrusor Overactivity  | [Botulinum\_Toxin.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Botulinum_Toxin.pdf) |  |
| Colpocleisis  | [Colpocleisis\_English\_RV2.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Colpocleisis_English_RV2.pdf) |  |
| Colposuspension for Stress Incontinence  | [Colposuspension\_RV1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Colposuspension_RV1.pdf) |  |
| Constipation  | [Constipation\_RV1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Constipation_RV1.pdf) |  |
| Continence Pads and Perineal Care | [Continence\_Pads\_and\_Perineal\_Care-new-1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Continence_Pads_and_Perineal_Care-new-1.pdf) |  |
| Cystoscopy | [Cystoscopy\_RV1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Cystoscopy_RV1.pdf) |  |
| Dyspareunia (Painful Sex)  | [painful-sex-dyspareunia-V1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/painful-sex-dyspareunia-V1.pdf) |  |
| Fascial Slings | [Fascial\_Slings.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Fascial_Slings.pdf) |  |
| Fecal Incontinence (Bowel Control Problem) | [Fecal\_Incontinence.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Fecal_Incontinence.pdf) |  |
| Genitourinary Fistula  | [Genitourinary\_Fistula.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Genitourinary_Fistula.pdf) |  |
| Intermittent Self Catheterization (ISC)  | [Intermittent\_Self\_Catheterization.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Intermittent_Self_Catheterization.pdf) |  |
| Interstitial Cystitis  | [Interstitial\_Cystitis.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Interstitial_Cystitis.pdf) |  |
| Labiaplasty  | [labiaplasty-V1-3.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/labiaplasty-V1-3.pdf) |  |
| Low-Dose Vaginal Estrogen Therapy | [Low-Dose\_Vaginal\_Estrogen\_Therapy.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Low-Dose_Vaginal_Estrogen_Therapy.pdf) |  |
| Maternal Pelvic Floor Trauma  | [Maternal\_Pelvic\_Floor\_Trauma\_RV1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Maternal_Pelvic_Floor_Trauma_RV1.pdf) |  |
| Mid-urethral Sling (MUS) Procedures for Stress Incontinence  | [mid-urethral-slings-RV3.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/mid-urethral-slings-RV3.pdf) |  |
| Nocturia | [Nocturia\_Leaflet\_V1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Nocturia_Leaflet_V1.pdf) |  |
| Non-Surgical Approaches to Managing Bladder Problems  | [Non-Surgical\_Approaches\_to\_Managing\_Bladder\_Problems\_V1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Non-Surgical_Approaches_to_Managing_Bladder_Problems_V1.pdf) |  |
| Overactive Bladder | [Overactive\_Bladder\_RV2.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Overactive_Bladder_RV2.pdf) |  |
| Pelvic Floor Exercises | [Pelvic\_Floor\_Exercises\_RV2-1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Pelvic_Floor_Exercises_RV2-1.pdf) |  |
| Pelvic Organ Prolapse | [Pelvic\_Organ\_Prolapse\_RV3.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Pelvic_Organ_Prolapse_RV3.pdf) |  |
| Percutaneous Tibial Nerve Stimulation  | [Percutaneous\_Tibial\_Nerve\_Stimulation\_RV1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Percutaneous_Tibial_Nerve_Stimulation_RV1.pdf) |  |
| Posterior Vaginal Wall and Perineal Body Repair  | [posterior-vaginal-wall-and-perineal-body-repair-RV2-1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/posterior-vaginal-wall-and-perineal-body-repair-RV2-1.pdf) |  |
| Recovery Guide After Vaginal Repair Surgery/ Vaginal Hysterectomy  | [Recovery\_Guide.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Recovery_Guide.pdf) |  |
| Rectovaginal Fistula  | [Rectovaginal\_Fistula.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Rectovaginal_Fistula.pdf) |  |
| Sacral Neuromodulation  | [Sacral\_Neuromodulation\_RV2-2.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Sacral_Neuromodulation_RV2-2.pdf) |  |
| Sacrocolpopexy  | [sacrocolpopexy-RV2-1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/sacrocolpopexy-RV2-1.pdf) |  |
| Sacrospinous Fixation/ Iliococcygeus Suspension  | [Sacrospinous\_Fixation\_English\_RV2.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Sacrospinous_Fixation_English_RV2.pdf) |  |
| Stress Urinary Incontinence  | [stress-urinary-incontinence-RV2-1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/stress-urinary-incontinence-RV2-1.pdf) |  |
| Third and Fourth Degree Perineal Tears | [Third\_and\_Fourth\_Degree\_Perineal\_Tears.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Third_and_Fourth_Degree_Perineal_Tears.pdf) |  |
| Transperineal Pelvic Floor Ultrasound Scan | [Transperineal\_Pelvic\_Floor\_Ultrasound.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Transperineal_Pelvic_Floor_Ultrasound.pdf) |  |
| Urethral Bulking for Stress Urinary Incontinence  | [Urethral\_Bulking\_RV1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Urethral_Bulking_RV1.pdf) |  |
| Urinary Tract Infection  | [Urinary\_Tract\_Infection\_RV2.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Urinary_Tract_Infection_RV2.pdf) |  |
| Urodynamics  | [Urodynamics\_RV1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Urodynamics_RV1.pdf) |  |
| Uterine Preserving Surgery for Prolapse  | [uterine-preservation-RV1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/uterine-preservation-RV1.pdf) |  |
| Uterosacral Ligament Suspension  | [Uterosacral\_Ligament\_Suspension\_RV1-1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Uterosacral_Ligament_Suspension_RV1-1.pdf) |  |
| Vaginal Hysterectomy for Prolapse  | [vaginal-hysterectomy-for-pelvic-organ-prolapse-RV2-1.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/vaginal-hysterectomy-for-pelvic-organ-prolapse-RV2-1.pdf) |  |
| Vaginal Pessary for Pelvic Organ Prolapse | [Vaginal\_Pessary\_for\_Pelvic\_Organ\_Prolapse\_RV2.pdf (yourpelvicfloor.org)](https://www.yourpelvicfloor.org/media/Vaginal_Pessary_for_Pelvic_Organ_Prolapse_RV2.pdf) |  |